

January 28, 2018

Fourth Sunday in Ordinary Time

Lectionary: 71

Reading 2 [1 Cor 7:32-35](#)

A reading from the First Letter of Saint Paul to the Corinthians,
Brothers and sisters:

I should like you to be free of anxieties.

An unmarried man is anxious about the things of the Lord,
how he may please the Lord.

But a married man is anxious about the things of the world,
how he may please his wife, and he is divided.

An unmarried woman or a virgin is anxious about the things of the
Lord,

so that she may be holy in both body and spirit.

A married woman, on the other hand,
is anxious about the things of the world,
how she may please her husband.

I am telling you this for your own benefit,
not to impose a restraint upon you,

but for the sake of propriety
and adherence to the Lord without distraction.

The Word of the Lord.

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Gospel [Mk 1:21-28](#)

Then they came to Capernaum,
and on the sabbath Jesus entered the synagogue and taught.

The people were astonished at his teaching,
for he taught them as one having authority and not as the scribes.

In their synagogue was a man with an unclean spirit;
he cried out, "What have you to do with us, Jesus of Nazareth?

Have you come to destroy us?

I know who you are—the Holy One of God!"

Jesus rebuked him and said,

"Quiet! Come out of him!"

The unclean spirit convulsed him and with a loud cry came out of
him.

All were amazed and asked one another,

"What is this?

A new teaching with authority.

He commands even the unclean spirits and they obey him."

His fame spread everywhere throughout the whole region of
Galilee.